

Wellness

Caring for a dying loved one can be enormously stressful. That's why the Center offers many stress reduction options for family members, including therapeutic touch and massage, reflexology, guided meditation, journal writing, and laughter therapy. We also offer screening for hypertension, anxiety, depression, and other illnesses.

In all these ways and many more, the Family Care Center helps families and friends cope with the impending death of a loved one. And the Center helps family members improve their own personal health as well.

All Family Care Center services are offered at no charge to families of our patients.



**CALVARY
HOSPITAL**

Where Life Continues

Family Care Center

For more information, contact:

Family Care Center

718-518-2574

Calvary Hospital's Family Care Center is a unique in-hospital center dedicated to the emotional and physical health of family members.

The Center was carefully designed to be distinctly different from the rest of the hospital. It is soothing and relaxing, decorated with home-like furniture, and features a large television, as well as a play area for children.

The Center has assembled several services to help family members cope with the loss of their loved one, as well as programs designed to protect their own health.



Video Teleconferencing

The Family Care Center has state-of-the-art video teleconferencing equipment to help family members who can't come to Calvary to visit our patients, and to help our patients feel a part of distant family weddings, christenings, and other celebrations. When connected to similar equipment on the other end, our teleconferencing capabilities allow family members and patients to share special moments over long distances.

Computer and Internet Facilities

A computer with internet access is available for use by family members for homework, business use, or just for checking e-mail. We also encourage families to take advantage of this service to research information about cancer risks and prevention.

Professional Concierge Services

A concierge is available in the evenings to help orient families and make them feel at home. He/she also provides information about Calvary services and the community outside the hospital.

Cancer Prevention

One of the central purposes of the Center is to help educate and protect the health of family members. Because family members may be at genetic risk for cancer, educational programs and health screenings help family members with prevention. It is our goal that this pioneering effort will help save the lives of many family members.

Family Care Lecture Series

Throughout the year, we offer important lectures and workshops for families. These programs cover subjects such as prostate cancer prevention, breast cancer detection and mammograms, nutrition for good health, smoking cessation, stress reduction and aromatherapy.

