

Family Services

Support Groups

Relatives and friends of Calvary Hospital patients are invited to attend these weekly groups.

Professionally led by a Social Work/Family Care Practitioner, the groups are designed as a special opportunity to talk about your own experiences as a family member or friend of a patient.

Times

Tuesdays: 5:00 PM

Wednesdays: 6:00 PM

Gentle Massage Group

Fridays: 4:00 PM

All meetings take place in the Family Care Center located on the first floor by the fish tank. If you or any family member would like to stay over night at the hospital, we would be happy to get you a cot or any bath necessities.

For more information, contact:

Family Care Services

718-518-2365

**CALVARY
HOSPITAL**

Where Life Continues

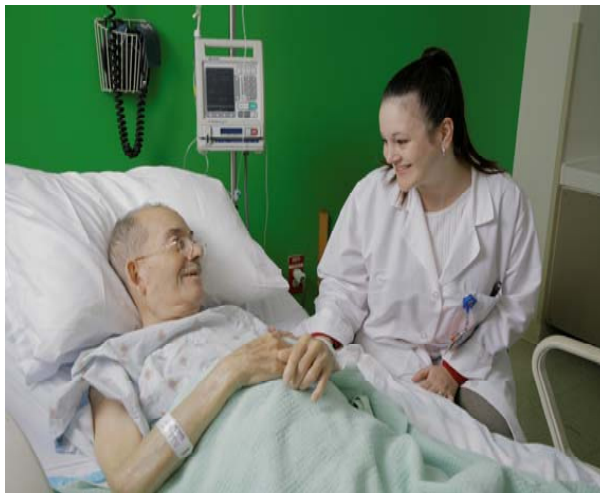
Calvary Hospital Family Care Services

Social Work/Family Care Services

Social Work/Family Care Practitioners at Calvary Hospital help patients and their families in coping with the stresses that accompany illness and hospitalization. Calvary's family-centric approach to patient care has been instrumental to our success in helping relieve the pain and suffering of thousands of patients and families.

Because end-stage illness often leads to problems that are difficult to handle, a Social Work/Family Care Practitioner is assigned to each patient and their family on the day of admission.

The assigned worker is available to the patient and family throughout the period of hospitalization and into the bereavement period, if appropriate. Social Work/Family Care Practitioners help all involved deal with issues such as change and loss, and help to strengthen positive coping skills.



Social workers meet with patients and their families to identify specific concerns as well as to support and develop ways to cope with the present situation. As part of the healthcare team, they work closely with doctors, nurses and other staff to develop a treatment plan for each patient.



Services Include:

- Individual Counseling
- Family Counseling
- Group Counseling for both children and adults
- Discharge Planning
- Bereavement Counseling
- Community Resource Information
- Education Programs
- Wellness Programs including massage, reflexology and yoga

In 2004, Calvary opened a **Family Care Center** on the main floor at the Bronx campus. It is designed to offer families respite and a place to rejuvenate away from the stress of the patient care units. It features a wall-to-wall tank stocked with colorful exotic fish, email and internet access, long-distance video conferencing, newspapers and magazines, and fresh coffee, tea, and snacks.

The center also offers monthly education workshops about early detection and treatment of cancer as well as massage, guided relaxation, yoga and manicures, all at no charge.