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Published by Calvary Hospital, the nation's only acute care specialty hospital devoted exclusively to the palliative care of adult patients in the advanced stages of cancer and other life-limiting diseases.



Hospital Supporters Help Calvary Communicate Importance of Palliative Care to the World

Thanks to support from many Calvary donors, we hosted an education event on October 22 on "Making Palliative Care a Global Health Imperative." Keynote speaker, Lawrence O. Gostin described his personal experience with his 102-year-old father, who was a patient at Calvary's Bronx campus two years ago. He spoke passionately about healthy aging, healthy dying in a just society, and what makes a "good" death, saying,

"Wouldn't it be fitting if America had a truly great health system, with humane care throughout the life span? In the world's richest country, is it too much to ask that we treat everyone when they are sick, care for them when they are suffering, and allow them to die humanely and with dignity when the journey is over?"

continued on page 4

Above: 1: Lawrence O. Gostin was the keynote speaker at Calvary's recent Palliative Care event. 2: Mr. Gostin shared his personal experience navigating palliative care for his 102-year-old father. Left to right: Mr. Gostin's father, son and stepmother Lillian Below: 3: The Rosemarie O'Keefe Memorial Garden and Patio at Calvary's Brooklyn campus

Calvary Marks 17 Years in Brooklyn!

Since opening in 2001, Calvary's 25-bed Brooklyn campus at NYU Langone has cared for more than 6,000 patients and their families. In addition to inpatient care, Calvary provides home care and hospice care to patients throughout this vibrant borough, and offers adults, children and teenagers weekly *continued on page 7*



Letter from The Calvary Fund Executive Vice President

Dear Friends,

By the time you receive this issue, the holidays will be a fond memory. As I reflect on this past year, I am so grateful for the love and support that so many of you have given to Calvary.

Because of your generosity in 2018, we were able to:

- care for more than 6,000 patients and their families;
- expand The Dawn Greene Hospice into an 18-bed unit right in Manhattan;
- hire Facility Dog, Banjo, our first canine employee;
- expand our care to 9 beds at the Ozanam Hall of Queens Nursing Home;
- provide a fun-filled week at Calvary's Camp Compass[®] for 67 grieving children from ages 6-17;
- teach our palliative care model to more than 1,000 healthcare professionals from throughout New York City and around the world.

People often ask me, "Why Calvary?" I tell them, Calvary treats the person and not just the disease. We provide personalized custom care that you cannot get anywhere else. Every Calvary employee is committed to our core values: respect, dignity, and nonabandonment of patients and their families. Our staff is the reason we've earned a reputation for being the best place in the world to get comfort care at the end of life.



Calvary would not be able to offer our extensive programs of care without the ongoing support of our many friends and donors.

I thank you for all that you have done, all that you continue to do, and all that you will do within your ability, to ensure that *CalvaryCareSM* continues to be available for people who are the most vulnerable among us.

With gratitude,

mittellan

Timothy P. Barr Executive Vice President

Thought Leadership Initiative Reaches Thousands Across the Globe

Since spring 2018, Calvary's Thought Leadership efforts have helped bring Calvary's expertise to thousands of healthcare professionals as well as a lay audience across the globe.



At the 22nd International Congress on Palliative Care in Montreal, Canada in early October 2018, Christopher P. Comfort, MD, Medical Director, gave two talks on clinical issues in advanced cancer that were very well received.



The summer 2018 issue of *Health Progress* published by the Catholic Health Association featured an extensive article on "The Nature and Treatment of Human Suffering," by Michael J. Brescia, MD, Executive Medical Director. To read it, go to: https://www.calvaryhospital.org/thenature-and-treatment-of-human-suffering/.



The article on "Understanding Palliative Care," by Kathy Lynch has reached an audience of more than 4,500 people! To read it, go to: www.calvaryhospital.org/ understanding-palliative-care.

Calvary Supports Debut of Reimagine End of Life New York



1: Diane Ryan, RN 2: Rashida Sanchez 3: Maria Georgopoulos

This past fall, Calvary had a unique opportunity to support the launch of **Reimagine End of Life**. From October 27, 2018 to November 3, 2018 the Reimagine team helped organize more than 350 events across New York City. The objective was to help people, from all ages and backgrounds, examine big questions about life and death.

Four events spotlighted Calvary:

- Two screenings took place of the documentary *Defining Hope* which profiled Diane Ryan, RN, who works at our Bronx campus.
- Calvary bereavement counselor, Rashida Sanchez, did a talk on *Grief Through an Immigrant Lens: The Duality of Secondary Losses.*
- Maria Georgopoulos, Director of Bereavement Support, participated in a panel discussion on *No Loose Ends: Preparation for End of Life*.

Calvary Hosts 35th Annual Awards Gala

The Hospital's 35th Annual Awards Gala on November 8, 2018 raised more than \$900,000 for programs and services benefiting Calvary patients and their families. Juan Ramón Alaix, Chief Executive Officer, Zoetis Inc. received the Calvary Medal in recognition of his distinguished corporate and civic leadership, and outstanding philanthropic commitment to the Calvary mission. Zoetis is a global animal health company that is the world's largest producer of medicine for pets.

The evening included a gourmet dinner, dancing and a performance from The Midtown Men, featuring stars from the original cast of Broadway's "Jersey Boys."







1. Left to right: Carlos M. Hernandez, Chairman of the Calvary Fund Board of Directors; Juan Ramón Alaix, 2018 Calvary Medalist; Thomas J. Fahey, Jr., MD, Chairman of the Calvary Hospital Board of Directors; Frank A. Calamari, President & CEO, Calvary Hospital 2. Calvary Fund Board members, Louise M. Parent, Esq. and Eileen T. Nugent, Esq. 3. Mr. Alaix with his wife, Zoraida Climent, daughter, Adriana Alaix and son-in-law, Alvaro DeLucas 4. Banjo, Calvary Hospital's facility assistance dog, in formal dress

Importance of Palliative Care to the World (continued from page 1)



Left to right: Mary Beth Quaranta Morrissey, PhD, MPH, JD; President, Board, and Chair, Advisory Board, Collaborative for Palliative Care, and Fellow, Global Healthcare Innovation Management Center, Fordham University Gabelli School of Business; Lawrence O. Gostin; Christopher P. Comfort, MD, Medical Director, Calvary Hospital; Bruce Jennings, Senior Fellow, Center for Humans and Nature, Adjunct Associate Professor, Vanderbilt University, and Senior Advisor, The Hastings Center; and Thomas Merrill, General Counsel, New York City Department of Health & Mental Hygiene.

Professor Gostin drew on his extensive experience as a renowned public health expert. He is a University Professor, Georgetown Law; Founding O'Neill Chair in Global Health Law; Faculty Director, O'Neill Institute for National and Global Health Law; and Director, World Health Organization Collaborating Center on National & Global Health Law.

A collaboration of Calvary Hospital, Collaborative for Palliative Care, and The O'Neill Institute for National & Global Health Law at Georgetown University, this event included a thought-provoking discussion with panelists, shown above.

The panelists added their expertise to important questions about the intersection of Palliative Care and Public Health, the racial inequities in access to quality healthcare, and the tensions between individual decisions vs. communal responsibility in providing palliative care to all who seek it.

Calvary Hospice Expands in Manhattan and Queens

In 2018, Calvary@Home marked expansion of its shortterm inpatient care facilities in Manhattan and in Queens.

In June, The Dawn Greene Hospice, located on the 15th Floor of Mary Manning Walsh Home (MMW) on the Upper East Side, officially became an 18-bed unit. The establishment of this hospice in 2014 and the recent expansion (from 10 beds) was made possible by two generous \$4 million gifts from the Jerome L. Greene Foundation.

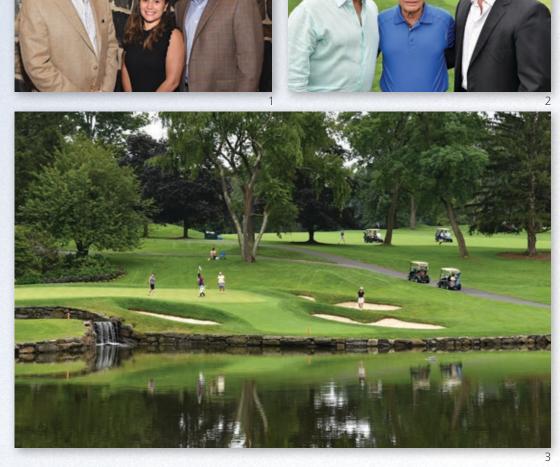
The Dawn Greene Hospice is a partnership between Calvary and MMW. Both are part of ArchCare, the Continuing Care Community of the Archdiocese of New York.

In December 2016, Calvary started offering its signature care to residents of Ozanam Hall of Queens Nursing Home located in Bayside. Calvary is now able to offer care for up to 9 patients at a time. Through December 2018, Calvary has cared for 260 patients at this facility.



1: In June, 2018, Calvary Hospital and the Jerome L. Greene Foundation celebrated the expansion of The Dawn Greene Hospice at Mary Manning Walsh Home from 10 to 18 beds. Pictured, left to right, Michael J. Brescia, MD, Executive Medical Director, Calvary Hospital; Frank A. Calamari, President & CEO, Calvary Hospital; Sr. Sean William O'Brien, O. Carm, Executive Director, Mary Manning Walsh; Christina McInerney, President & CEO, Jerome L. Greene Foundation; and Thomas J. Fahey, Jr., MD, Chairman, Calvary Hospital Board of Directors. 2: A Calvary nurse practitioner with a patient at Ozanam Hall of Queens. 3: A typical bedroom at Ozanam Hall of Queens.

Calvary's 30th Annual Golf & Tennis Classic Raises More Than \$300,000



Thanks to more than 250 supporters who attended our 30th Annual Golf & Tennis Outing, we raised over \$300,000 for Calvary programs and services for patients and their families. In addition to golfing, tennis and dinner, the event included a performance by mentalist and comedian Eric Dittelman, a live auction, a silent auction and raffle prizes donated by local businesses.

This year's event is dedicated to the memory of Dennis Berberich Sr. A long-time member of the Calvary Hospital Board and the Chairman of the Calvary Fund Board, Dennis' family created the Dennis Berberich Scholarship Fund, which allows one Calvary Care Technician (CCT) to further their career in nursing. The 2018 honoree is Erica Swinnie. She first joined Calvary in April of 2002 as a telephone operator. A year later, Erica transferred to the Nursing Department, trained as a CCT, and has worked at the Bronx campus since then.

1: Frank Calamari (left) and Dennis Berberich (right) are pictured with Erica Swinnie, the winner of the 2018 Dennis Berberich Scholarship for Calvary Care Technicians 2: Joe Deglomini, Sr. (left) with Richard DiFiore and his son, Joe Deglomini, Jr. (right) 3 & 6: Brae Burn Country Club and Century Country Club in Westchester 4: Tully family member 5: Left to right: Bill Buckley, Mike Gostigian, Eileen & Barry Lyon 7: Left to right: Andrew GraBois, Reginald Goins, Jim McDowell and Cheng Lu







Calvary's Unique Camp Helps Children and Teens Grieve and Heal

In August 2018, Calvary Hospital hosted its 21st session of bereavement camp for 67 children and teenagers, ages 6-18. Calvary's Camp Compass[®], held at Kingsborough Community College in Brooklyn, was led by experienced grief professionals. For five days campers enjoyed traditional, fun camp activities and they benefited from grief education and emotional support. Calvary's Camp Compass[®] provided a unique opportunity for peer bonding between children and teens facing a similar life circumstance.

All of the campers attend the Hospital's year-round bereavement programs – "**Precious Moments**" for young children ages 6 to 9 years old, the "**In-Be-Tween**" group for ages 10 to12, or the teen bereavement support for 13- to 18-year-olds.

These groups, which meet at Calvary's Bronx Hospital, in downtown Brooklyn, and in Manhattan, have helped hundreds of children to date with their grief process. Calvary's bereavement program is available to anyone – at no charge – who has experienced a significant death in their lives, whether that person was a patient at Calvary, or someone from the larger community whose death was attributable to illness, accident, or violence.

We are very grateful for the support of many individual donors and foundations that support our bereavement program. These include but are not limited to:

- Newman's Own Foundation;
- Thomas & Agnes Carvel Foundation;
- Robert Mize and Isa White Trimble Foundation; and
- The Y.C. Ho/Helen and Michael Chiang Foundation



1: Kayla, pictured above center, with two therapy dogs and their caregivers, said "Calvary's support group has helped me a lot with my feelings about my twin brother dying. The other kids know exactly how I feel." 2: Caricature fun 3: Dancing up a storm 4: Two completed figures from one of the painting classes 5: Each camper built and painted a wooden train to symbolize their grief journey. 6: Teen campers 7: A challenging obstacle course



Calvary Marks 17 Years in Brooklyn (continued from page 1)











1 & 3: Calvary Care Technicians with patients 2: The Dayroom at Calvary's Brooklyn campus 4: Two members of the Brooklyn team holding a picture of Russell Frederick, a beloved CCT who died in 2017. 5: Patricia Caffrey, RN, MSN, Nurse Administrator, Brooklyn Campus 6: Some of the overnight staff at the Brooklyn Campus

bereavement support groups that take place in downtown Brooklyn.

Here's what one patient's family member said about our care: "My family was born and raised in Brooklyn. When my father, and later my uncle, had terminal cancer, Calvary made it possible for them to remain in the place they loved, Brooklyn. Calvary's Brooklyn campus provided expert end-of-life care close to us. We visited day and night. Calvary not only relieved their physical pain, but also our emotional pain." — Joe Hall

Calvary Focuses on the Hispanic Community





Kim Cavallito

Alberto Melendez

Calvary has always valued its relationship with the Hispanic community. To date, we have cared for thousands of Hispanic patients and their families. We employ bilingual staff throughout our four inpatient facilities and Home Hospice staff.

Recently, Univision's WADO 1280 AM, a leading radio station in the greater New York area, aired two interviews in Spanish with our staff:

Kim Cavallito, FNP-BC, PSM Inpatient Wound Care, spoke about "Self-Care for the Caregiver" on El Palo Con Coco. Her interview is available (in Spanish) at: https://www.calvaryhospital.org/autocuidado-para-los-cuidadores/

Hospice nurse, Alberto Melendez, RN, appeared on Buenas Dias New York to talk about "What you need to know about Palliative & Hospice Care."

Bilingual chaplain **Yvette Ramirez** was also a featured speaker at the annual Latino Caregivers Conference in New York City held in September 2018.

Thank You to Our Storrs Donors (\$1,000+)

Your contributions support Calvary Hospital's special mission of providing care, comfort and compassion to nearly 6,000 patients and families each year. These gifts help us to secure a strong future for our care. Listed below are gifts of \$1,000+ received through **November 20, 2018**.

If there is an error or omission, we are truly sorry. Please contact Calvary Fund at (718) 518-2077 so we may correct the error.

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Louis "Lou" Blaiotta



On March 1, 2018, Marie Blaiotta's beloved husband of 64 years, Louis "Lou" Blaiotta, age 85, died peacefully at Calvary's Bronx campus due to complications from pancreatic cancer.

Lou (pictured above) founded the Columbia Elevator Products Co., Inc. in 1965. Over the next few decades, Lou's passion for excellence, design, and safety turned his company into the largest independent elevator architectural products manufacturer in North America.

Lou was recognized by his peers in the elevator industry multiple times for his visionary leadership and philanthropy. He also found time to give back to many philanthropic activities in Port Chester, NY, where he resided with his family.

The Blaiotta family was grateful for the loving care that Lou received at Calvary. The donations raised in his memory will help provide comfort, care and compassion for patients and families at Calvary Hospital. A stone was placed in his memory on The Fargione Tree, located in the Calvary Atrium at Calvary's Bronx campus.

Tree of Life A gift to Calvary's Tree of Life ensures that a loved one's name will exist in perpetuity with the lifetime of the Hospital. For more information, please contact Sandrina Fernandez, Development Associate, at **(718) 518-2039 or via email at sfernandez@calvaryhospital.org**.

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Have a birthday or anniversary coming up? You can use the occasion to fundraise for Calvary. All you have to do is go to our Facebook page and click on the box on the right margin that says "+ Raise Money." You decide how much you want to raise, when to start and when it ends. It's that easy! To learn more about how to support Calvary: www.calvaryhospital.org/ways-to-give.

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Frances Woods



Calvary was honored to care for Frances Woods (pictured above) in the last week of her life. She died at 93 years old on September 28, 2018.

Frances did not let her age slow her down. In her 80s, she went snowmobiling for the first time, jet skiing (as a passenger) at 91 and even enjoyed rifle target shooting. She was open to anything that came her way and had the gift of being able to make friends anywhere. Her beloved husband of 58 years, Jimmy Woods, received care at our Bronx campus several years ago and her sister Dorothy D'Oraze volunteered at Calvary for many years.

In 2017, Frances wanted to remember her husband and the wonderful care he received so she made a generous gift of \$30,000 to renovate a hospital room in her husband and sister's memory. Frances appreciated the care we provided for him and truly understood the compassion Calvary has for every single patient and their families. We are extremely grateful for Frances' generosity and her commitment to Calvary Hospital.

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The Storrs Society Storrs Society members are passionate about their continuous commitment and generosity to the Calvary Fund. Become a member by making annual gifts of \$1,000 or more. For more information, please contact Tricia Reyes, Director of Annual Giving, at **(718) 518-2076 or via email at treyes@calvaryhospital.org**.

Thank You to Our Tree of Life and Brooklyn Donor Wall Supporters

Thank you to the families and friends who contributed to support Calvary in memory of their loved ones. Your gift of love helps patients today and tomorrow by remembering yesterday. Listed below are gifts received through **November 20, 2018**.

If there is an error or omission, we are truly sorry. Please contact Calvary Fund at (718) 518-2077 so we may correct the error.

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Veronica Zea



In 1964, Veronica Zea's beloved grandmother, Ana Agudelo (Mita, pictured above) immigrated from Colombia to New York. Her goal was to make a better life for herself and her family.

Over the next few decades, Mita learned English and began her career at Calvary Hospital as a Cancer Care Technician. Compassionate and caring to all patients and families, Mita often stayed late after her shift to make sure that her patients' care was done and that they were comfortable.

Mita was a kind and generous woman who spent most of her life caring for her own family as well as for the patients and staff at the Hospital's Bronx campus. Mita retired from Calvary in 1993.

When she became terminally ill, Mita turned to Calvary. We were honored to give her the dedicated care that she so selflessly gave to thousands of patients during her career here. On January 30, 2017, Mita passed away surrounded by her loving family.

Veronica Zea, a Calvary Hospital Console Operator, decided to honor Mita's memory and legacy by purchasing a gold leaf on the Tree of Life located at the Bronx campus.

Thank You to Our Foundation Donors

Foundation donations help support Calvary Hospital's mission. It's because of that support that Calvary Hospital can continue to care for thousands of people who are living their last days at our main campus in the Bronx or at our campus in Brooklyn. We are also grateful for Foundation support for The Dawn Greene Hospice and Ozanam Hall, where care is overseen by Calvary Hospice, as well helping to support even more patients and families through Calvary@Home. Listed below are gifts received through November 20, 2018.

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William McLaughlin (AKA Bill)

In 1966, my 84-year-old grandmother Johanna O'Brian was living in Worcester, MA, while my family lived in the Bronx. When Johanna's health started to fail, she moved back to the Bronx so that my mother could care for her. My mother had her own health issues and wasn't able to care for my grandmother in the way she hoped.

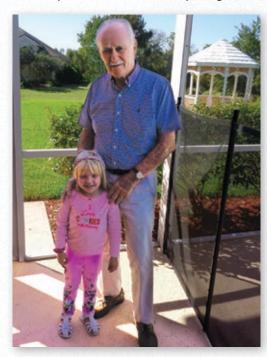
A nice Jewish doctor got my grandmother into Calvary Hospital when it was located on Featherbed Lane. She was admitted on November 13, 1966. She lived for 36 hours and passed on the 15th.

I was grateful that Calvary took my grandmother in and relieved the burden for my mother. My grandmother died from cancer and old age. She lived a long life. She was Catholic and very religious. My mother Mary, age 60, died shortly after my grandmother.

I think the care was great back then but today it's even better.

I started supporting the Calvary mission I believe over 36 years ago. The reason I continue to do so is because you truly care for your patients. I recall seeing a man who died of cancer at another hospital but not cared for properly, and it stayed with me.

Over the years, I have received so much information about Calvary and the services you provide. The compassion and



care you administer to these patients is just fantastic. It is so heartwarming. I have been very fortunate in life and able to give. "He who has been given so much... much is expected of him."

Pictured left: William McLaughlin with his granddaughter, Hannah, who is 5 years old.

Arroz Con Pollo

Chicken

- 3 tablespoons olive oil
- 1 whole chicken (2.5-3 lbs.) cut in pieces, or 2.5-3 lbs. of chicken thighs or breasts, bone-in, with skin, rinsed and patted dry
- 1/2 cup flour (for dredging)
- Salt, freshly ground black pepper and paprika

Rice

- 2 tablespoons olive oil (can use up to 1/4 cup)
- 1 medium yellow onion, chopped
- 1 garlic clove, minced
- 2 cups of medium or long-grain white rice
- 3 cups* chicken stock
- 1 heaping tablespoon tomato paste or 1 cup of diced fresh or cooked tomatoes, strained
- Pinch of oregano
- 1 teaspoon salt

*Check the instructions on the rice package for the proportions of liquid to rice. They can range from 1:1 to 2:1. If your rice calls for 2 cups of water for every cup of rice, then for this recipe, use 4 cups of stock for 2 cups of rice.

Step 1

To brown the chicken pieces, heat 3 tablespoons of olive oil in a large skillet (one that has a cover) on medium high heat.

Put the flour in a wide bowl, mix in a generous sprinkling of salt, pepper and paprika. Dredge chicken pieces lightly in flour mixture and put in the pan to brown. (You can skip the flour dredging part if you want. It just makes a nicer coating for the chicken.)

Cook a few minutes on each side, just enough so that the chicken has browned. Use a slotted spoon to remove from pan and set aside.

Step 2

Add rice to the pan to brown. Stir to coat the rice with the olive oil in the pan, then add more olive oil if necessary. Let the rice brown and then stir a little to let more of it brown. Don't stir too much or you'll prevent it from browning.

Step 3

Add the onion and garlic to the pan. Cook the onion, garlic and rice mixture, stirring frequently until the onions have softened, about 4 minutes.

Step 4

Place the chicken pieces, skin-side up, on top of the rice.

Step 5

In a separate bowl, mix together stock, tomato, salt, and oregano. Pour stock mixture over the rice and chicken. Bring to a simmer, reduce heat to low, and cover. Cook for 20-25 minutes, depending on the type of rice and the instructions on the package, until rice and chicken are done.

Fluff rice with a fork. If you want you can sprinkle with some peas. Add more salt and pepper to taste.

Makes 4-6 servings.



Calvary and EnoB Collaborate on Program Benefiting Caregivers

Caring for families is central to Calvary's approach to patient care. For that reason, we offer family members various ways to de-stress. We are grateful to the Irving A. Hansen Memorial Foundation for its support of a recent research project on stress, overseen by the Family Care Center.

This support enabled Calvary to collaborate with EnoB to bring its "Flowers for Healing" program to Calvary's Bronx Campus. Once a week for 14 consecutive weeks, family members participated in a free floral arrangement class. EnoB brought different ingredients each week.

Once participants completed their arrangements, they were able to keep them. Many of these beautiful creations ended up in their loved ones' hospital rooms.

See what these creative folks did over the 14-week course!













1: Left to right: Frank A. Calamari, President, Calvary Hospital; Jasmin Chae, Flower Program Director, EnoB; Jae Yeon Kim, Executive Director, EnoB; and Tae Wook Kang, President, EnoB All other photos: Some of the participants of the "Flowers for Healing" program and their beautiful flower arrangements.



The Society of 1899 Calvary Hospital was founded in 1899 by dedicated volunteers with supporting gifts and bequests dating back to the turn of the century. For more information on becoming a member or other planned giving opportunities, please contact Elizabeth Edds Kougasian, Esq., Director of Major and Planned Gifts, at **(718) 518-2080 or via email at ekougasian@calvaryhospital.org.**

Upcoming Events in 2019

Мау	Spring Donor Reception
August	Golf & Tennis Classic
November	Annual Awards Gala

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