



CALVARY HOSPITAL'S ANNUAL BEREAVEMENT COURSE

*Calvary Hospital Offers 2023 Virtual Professional Development Course for
Social Workers, Mental Health Counselors, and Substance Abuse Counselors
9-Week Course Examines Bereavement and Grief-Related Issues*

Calvary Hospital's 30th Annual Bereavement Course, virtual since 2020, begins this March and is designed for those in the helping professions. This nine-week course will be taught by various specialists from Calvary Hospital/Hospice. Course offerings explore fundamentals of grief counseling, how children are affected by death and loss, the complex relationship between trauma and grief, among other important topics.

The course meets live on Zoom. Participants can attend **Mondays from March 6-May 1 or Wednesdays from March 8-May 3. Attendees must be present during the days and times the course is offered; it will not be recorded.**

Successful completion requires that participants: (1) register for the course, and (2) complete course evaluations for each lecture attended. Contact hours will only be awarded for completed programs.

Contact hours are approved by the following organizations:

- (1) Calvary Hospital, Bereavement Services is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0158;
- (2) Calvary Hospital, Bereavement Services is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors #MHC-0162;
- (3) Calvary Hospital, Bereavement Services is recognized by the NYS Office of Alcoholism and Substance Abuse Services (OASAS) as an approved provider for CASAC (Credentialed Alcoholism and Substance Abuse Counselor), CPP (Credentialed Prevention Professional) and CPS (Credentialed Prevention Specialist) #1124.

This professional development offering is provided for those who work in various health-care fields; it is not for bereaved family members. In this training, sensitive material will be discussed, including potentially activating topics, as well as trainees' personal losses and professional reactions. Learners should prepare themselves for these in-depth conversations.

Course Fees

- \$350.00 for the full nine weeks (discounted rate)
- \$250.00 each (2 or more from the same institution)
- \$100.00 for the entire course (graduate students with proof of enrollment)
- \$65.00 for any individual sessions

For information about **MONDAY** registration, contact R. Abby Spilka at:
917-574-6879 or
aspilka@calvaryhospital.org

For information about **WEDNESDAY** registration, contact Joanne Castellanos at:
917-574-4941 or
jcastellanos@calvaryhospital.org

CALVARY HOSPITAL'S ANNUAL BEREAVEMENT COURSE

Monday

DATE & TIME	TOPIC OF LECTURE	PRESENTER
March 6th 6:00 - 9:00PM (3 hours)	Overview and Fundamentals of Grief Counseling	Edgardo Lugo, MS, LCSW-R, RPT-S, CGP
	Loss Timeline Exercise	R. Abby Spilka, MA, FT, LMHC
March 13th 6:00 - 8:30PM	Delirium and Depression	Dr. Robert Brescia
	The Hospice Perspective	Kate Mohan, LMSW, ACHP-SW
March 20th 6:00 - 8:30PM	The Complex Nature of Trauma and Grief	Stephanie Insalaco, MA, LMHC
March 27th 6:00 - 8:30PM	Grieving a Parent as an Adult	R. Abby Spilka, MA, FT, LMHC Jackeline Abbondandolo, LMHC
	Death in the Digital Age	Stephanie Insalaco, MA, LMHC
April 3rd 6:00 - 8:30PM	Death of a Spouse	Stephanie Insalaco, MA, LMHC
April 10th 6:00 - 8:30PM	Children and Death	Jacqueline Marlow, CAT-LP
April 17th 6:00 - 8:30PM	Coping with the Death of a Child and Understanding the Bereaved Sibling	Joanne Castellanos, MA, LMHC, FT
April 24th 6:00 - 8:30PM	Initiating Bereavement Groups	Edgardo Lugo, MS, LCSW-R, RPT-S, CGP Jackeline Abbondandolo, LMHC
May 1st 6:00 - 8:30PM	Meaning Making: Communities and Grief	R. Abby Spilka, MA, FT, LMHC
	Compassion Fatigue, Self-Care, and Closing Ritual	Joanne Castellanos, MA, LMHC, FT Jacqueline Marlow, CAT-LP

Schedule subject to change without notice.

Note: No commercial support was received for this educational activity

CALVARY HOSPITAL'S ANNUAL BEREAVEMENT COURSE

Wednesdays

DATE & TIME	TOPIC OF LECTURE	PRESENTER
March 8th 6:00 - 9:00PM (3 hours)	Overview and Fundamentals of Grief Counseling	Edgardo Lugo, MS, LCSW-R, RPT-S, CGP
	Loss Timeline Exercise	R. Abby Spilka, MA, FT, LMHC
March 15th 6:00 - 8:30PM	Delirium and Depression	Dr. Robert Brescia
	The Hospice Perspective	Kate Mohan, LMSW, ACHP-SW
March 22nd 6:00 - 8:30PM	The Complex Nature of Trauma and Grief	Stephanie Insalaco, MA, LMHC
March 29th 6:00 - 8:30PM	Grieving a Parent as an Adult	R. Abby Spilka, MA, FT, LMHC Jackeline Abbondandolo, LMHC
	Death in the Digital Age	Stephanie Insalaco, MA, LMHC
April 5th 6:00 - 8:30PM	Death of a Spouse	Stephanie Insalaco, MA, LMHC
April 12th 6:00 - 8:30PM	Children and Death	Jacqueline Marlow, CAT-LP
April 19th 6:00 - 8:30PM	Coping with the Death of a Child and Understanding the Bereaved Sibling	Joanne Castellanos, MA, LMHC, FT
April 26th 6:00 - 8:30PM	Initiating Bereavement Groups	Edgardo Lugo, MS, LCSW-R, RPT-S, CGP Jackeline Abbondandolo, LMHC
May 3rd 6:00 - 8:30PM	Meaning Making: Communities and Grief	R. Abby Spilka, MA, FT, LMHC
	Compassion Fatigue, Self-Care, and Closing Ritual	Joanne Castellanos, MA, LMHC, FT Jacqueline Marlow, CAT-LP

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Please complete one form for each participant.
Please mail completed form and check made out to Calvary Hospital to:

Edgardo Lugo
Calvary Hospital
1740 Eastchester Road
Bronx, NY 10461

Please include check number here: _____

Credit Card: To pay by credit card, call the Cashier from 10:00AM - 4:00PM at 718-518-2063 and tell them you are paying for the Annual Bereavement Course.

I need a receipt for reimbursement (circle one): YES NO

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aspilka@calvaryhospital.org

For information about **WEDNESDAY** registration,
contact Joanne Castellanos at:
917-574-4941 or
jcastellanos@calvaryhospital.org

Licensee Name

Licensed Profession

License Number

If you are not licensed, please print your name above as it should appear on the certificate.

Materials will be emailed to you on a weekly basis. Please provide the best email address. All certificates will be emailed to you unless you request another format.

Email: _____

Work Phone: _____

Cell Phone: _____

Home Phone: _____

Title/Department: _____

Work Address: _____

Home Address: _____

Please check one:

I will attend the course on Monday evenings _____

I will attend the course on Wednesday evenings _____

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